

Chicken Tortilla Casserole

Makes: 4 Servings

Ingredients

10 ounces cream of mushroom soup (1 can)
1 cup milk, 1%
1 1/2 cups chicken, boneless (cut in pieces)
4 ounces chopped green chiles, canned (1 can)
6 corn tortillas (cut into strips)
1 cup cheddar cheese, low-fat, shredded

Directions

1. Mix mushroom soup, milk, chicken, and green chile peppers.
2. Pour 1/3 of the soup mixture into the bottom of a 2-quart baking dish that has been coated with oil or cooking spray
3. Layer half the tortilla strips.
4. Spread 1/3 of the soup mixture on top of the tortillas.
5. Sprinkle on half the cheese.
6. Repeat layers of tortilla strips and soup mix and end with cheese.
7. Baked at 350°F for 1 hour.